# CANTEEN MENU



ORDER CUT OFF TIME IS 9AM!

## **Hot Food**

CORN OF THE COB	\$2.00
GARLIC BREAD	\$3.00
PARTY PIE	2 / \$3.50
CHICKEN NUGGETS	4/\$4.00 6/\$6.00
CHEESE & BROCCOLI BITES	4/\$4.00 6/\$6.00
CHEESY POTATO BITES	5 / \$4.00
HOT CHEESE ROLL	\$3.20
HOT CHICKEN ROLL	\$4.20
MINI CHICKEN DIM SIMS	5 / \$3.70
HOT DOG W/ SAUCE	\$4.50
SAUSAGE ROLL	\$4.50
SPINACH & RICOTTA ROLL	\$4.50
TRAVELLER PIE - BEEF	\$5.00
PIZZA WRAP CHEESE OR BBQ CHICKEN	\$4.70

## Burgers

NO CHANGES OR SUBSTITUTIONS ARE AVAILABLE

CHICKEN BURGER	\$5.50
LETTUCE & MAYO  CHEESE BURGER	\$5.50
BEEF & CHEESE W/ SAUCE	\$3.30
TOMATO, BBQ OR BURGER SAUCE     BEEF/SALAD BURGER	\$5.50
LETTUCE, TOMATO W/ SAUCE	
TOMATO, BBQ OR BURGER SAUCE  VEGGIE BURGER	\$5.50
LETTUCE & MAYO	<b>\$5.50</b>

#### Pasta & Rice

MACARONI & CHEESE	\$5.50
BUTTER CHICKEN & RICE	\$5.50
BEEF LASAGNA	\$5.50
BEEF NACHOS	\$5.50

## **Drinks**

IQ WATER - 600ML	\$2.50
JÙICE POPPERS	\$2.80
ORANGE, APPLE OR APPLE BLACKCURRENT	
MILK - 300ML	\$3.20
CHOCOLATE OR STRAWBERRY	
JUICE BOMB	\$3.30
VARIOUS FLAVOURS	
UP 'N' GO	\$3.50
CHOCOLATE, VANILLA, STRAWBERRY OR BANANA	

## Meal Deals & Specials

FOR ONLINE WEEKLY MEAL DEALS, SPECIALS, A DETAILED MENU AND TO ORDER ONLINE, PLEASE VISIT SPRIGGYSCHOOLS.COM.AU

Classroom Catering supports a focus on everyday healthy food & drink options and is fully compliant with the NSW Healthy School Canteen food & drink benchmarks.







## Sandwiches & Wraps

VEGEMITE, JAM OR CHEESE	\$2.50
TUNA OR EGG	\$3.50
HAM OR CHICKEN	\$4.50
SALAD SANDWICH	\$4.20
LETTUCE, TOMATO, CUCUMBER, BEETROOT & CARROT	·
WITH HAM OR TUNA	\$5.20
WITH CHICKEN	\$5.50
MAKE YOUR SANDWICH A WRAP	\$0.80
EXTRAS (INC. TOASTING)	\$0.70
AVOCADO, CHEESE, SPROUTS	EACH

## **Build Your Own Sub**

ONLY (1) CHOICE OF MEAT, AND ANY FILLINGS OR SAUCES.

• CHOOSE A MEAT:

CHICKEN BREAST, HAM OR TUNA

• CHOOSE FILLINGS:

CARROT, CHEESE, TOMATO, LETTUCE, CUCUMBER OR BEETROOT

• CHOOSE SAUCE/DRESSING:

CAESAR, GARLIC AIOLI, SWEET CHILI, TOMATO, BBQ, BURGER OR MAYONNAISE

\$5.50

BAKED FRESH EVERYDAY!

#### Salads

	small	large
GARDEN SALAD	\$4.50	\$5.20
di INDEN SINEND	\$ <del>4</del> .50	<b>43.20</b>
LETTUCE, TOMATO, CUCUMBER,		
BEETROOT & CARROT		
WITH HAM OR TUNA	\$5.20	\$6.00
WITH CHICKEN	\$5.20	\$6.00
CHICKEN CAESAR SALAD	\$5.50	\$6.00

## **Hot Wraps**

HAM & CHEESE W/ SAUCE	\$5.00
TOMATO, BBQ OR MAYO CHICKEN SCHNITZEL WRAP	\$6.00
CHICKEN CAESAR WRAP	\$6.20
SCHNITZEL, LETTUCE, PARMESAN CHEESE & CAESAR DRESSING	

## **Snacks**

CARROT STICKS	\$1.50
PIECE OF FRUIT	\$1.50
BOILED EGG	\$1.50
SALTED POPCORN	\$2.00
CUSTARD CUP	\$2.00
RIVIANA FRUIT CUP	\$2.00
RED ROCK CHIPS	\$2.00
HONEY SOY OR SEA SALT	
GRAINWAVES	\$2.00
GOOD MUFFIN	\$2.50
CHOCOLATE OR BLUEBERRY	
BANANA BREAD SLICE	\$3.50
FRESH FRUIT SALAD	\$4.50

## **Cold Snacks**

QUELCH FRUIT STIC	CK	\$1.00
ANIMAL SNAP STIX		\$1.00
SNAP STIX	ALL COLD SNACKS	\$1.50
ICY MONY	ALL COLD SNACKS	\$1.50
MOOSIE	MUST BE COLLECTED	\$2.00
CHOCOLATE OR BLUE	FROM THE CANTEEN	
JUICIES TUBE	BY BRINGING BACK	\$2.00
TROPICAL OR WILDBERR	YOUR LUNCH BAG	
LEMONADE ICY POI	LE Calabara de la Cal	\$2.00
VANILLA ICE CREAM	1 CUP	\$2.00
FROZEN JUICE CUP		\$2.00